



## **Proman Limited 5K/1K Liability Release/ Disclaimer**

I have read and voluntarily accepted the terms of this waiver and have agreed to assume the entire risk of loss, property damage, illness, injury or death (hereafter collectively referred to as "losses") that I may sustain in conjunction with my participation in the Proman 5K/1K event to be held on 2023 March 18. I understand that my participation in this event may include participation in physically demanding activities outdoors.

As a result of participating in the Proman 5K/1K event, I voluntarily agree to assume (for myself, my representatives, heirs, assigns and next of kin) all such risks foreseeable or otherwise, and hereby release Proman Limited from any liability for any and all losses whatsoever, whatever the cause, that I may sustain. My assumption of the entire risk of any and all losses to me in any event I participate in is intended to apply to any and all losses no matter how the loss (or losses) is (or are) caused. My assumption of the entire risk of any and all losses to me is intended to cover any loss or losses caused by a negligent act or a negligent failure to act.

I hereby authorize and grant Proman Limited the right to edit, publish copyright and use, in perpetuity, any and all information, photographs, video and films in which I appear. I further agree that Proman Limited, in perpetuity, transfer use, or cause to be used these pieces of information photographs, videos, or films for any and all exhibitions, public displays, publications, commercials, art and advertising purposes without limitation or reservation. I agree that the rights granted herein to the Proman Limited shall be without prior notice or additional compensation to me, and I waive any right that I may have to inspect or approve these pieces of information, photographs, videos or film or the use of them.

I hereby certify that I have read and understand this release and that I fully accept the terms and conditions set forth herein on behalf of myself, my representative, heirs, assigns and next of kin. I have been advised to and will consult with my physician before participating in any recreational activities/ sports to determine any potential hazards that may adversely affect my ability to take part.

### **Proman**

#### **Corporate:**

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#### **Operations:**

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